



The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942
www.st-lukes-la-mesa.org

April 2011
Volume 11 Issue 4
Monthly Newsletter

Resurrection

We invite you to join St. Luke's Lutheran Church

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:
619-463-6633 or office-sllc@att.net

Office hours are:
Monday - Friday, 8:00 a.m. - 5:00 p.m.

Table of Contents

Pastor Mark	page 1
Pastor Mark	page 2
Pastor/Heifer Intl	page 3
Heifer Intl.	page 4
WSL	page 5
Library/Treasurer/	page 6
Parish Potpourri	
Worship Text/Birthdays/ Memorials	page 7
Prayer Calendar	page 8
Worship Teams	page 9
Church Event Calendar	page 10

We would really like to keep in touch with you. If you haven't already given us your email address it's as easy as sending St. Luke's an email with the subject line stating "Include Me". This way you won't miss out on the updates and reminders of things going on presently and in the future.

At the funeral of the Duke John, the Elector of Saxony, in 1532, Luther preached:

"Now, because all this is so, the best consolation is to say with St. Paul: Beloved, look not at this dead body; you have something higher and better to contemplate, namely, the death and resurrection of Jesus Christ. If you gaze steadfastly at this mirror and image, at Christ the Lord, who died and rose again, you will see where you will go and where those will go who have not fallen asleep in Christ, namely, that God intends to bring with him you and all others who have been baptized and have fallen asleep in Christ, because he has wrapped them in Christ's death and included them in his resurrection and does not intend to leave them lying under the ground, even though for our reason and five senses there is no reason why this should be so, in order that faith may find room and we learn to trust God even in that which we do not see" (Luther's Works, 51:235)

We as Christians are only Christians in relation to Jesus Christ. In Holy Baptism, we die to sin, i.e. to our sinful selves, and are raised as new creations like Christ is raised from the dead. As Luther says, in baptism we are wrapped in Christ's death and resurrection. That is not only our baptismal gown but also our new (eternal) life in Christ.

Unfortunately, as long as we are still residing in our sinful, human flesh, we find being wrapped in Christ's death and resurrection to be something that is foreign to our five senses and to our overall "common sense." We still live according to our flesh. We still live in our worries, fears, illness, distress, and so forth. We continually look at our bodies that will die rather than at Christ

Continued from page 1

whose death and resurrection offer us now the promise of the gift of eternal life.

The same applies to us as a church as part of the body of Christ. Although we are a body of believers, in our sin we church folk are also a body of unbelievers. That unbelief all too often sets the tone for our church life together. We worry and fret and try to take control and insist on our own way and spend a considerable amount of time acting as if Christ did not exist at all. If that is how we are with each other, what does the “public” think of us? This is a perennial problem for all of Christianity, and no one is immune to it, sadly.

As we know, church is not just a social club or a charitable organization or a religious affiliation or a business preoccupation. Instead, our time together is like athletic practice for the official game. In our case, the “official game” is the game of life with the promise of eternal life. Our time spent together both at church and as church is our time to practice. We practice witnessing our faith to each other and practice our charity with each other so that we are particularly adept at doing both in and for those falling foul in the atheistic, hostile world around us.

Lenten Thoughts from St. Luke's Sunday School Children

To Exodus 20:8, 9, 11

“Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.”

Do we really honor the Lord's seventh day?
We work every Sunday to get to church, pray,

then go shopping and drive home for the football game.

- *Stuart Olsen*

To Deuteronomy 28:7

“The LORD will grant that the enemies who rise up against you will be defeated before you.

They will come at you from one direction but flee from you in seven.”

This verse says that even when enemies rise up to fight you God will always be with you if you follow Him. They will charge at you powerfully from one direction but will run as God protects you. God is fighting your battles and scattering your enemies. He will be at your side even when you have little or no hope. When you obey God, He helps you. He makes miracles happen, even in battle. He blesses you at all times even when you don't know it.

- *Grace Menacher*

To 2 Corinthians 12:9-10 (NIV)

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.”

When we are sick or in pain or in other hardships, we as humans are often inclined to feel sorry for ourselves, to pout, to mourn. The last thing we do is rejoice. You don't hear people saying “Hooray, I have cancer” or “Hallelujah, Grandma died.” If we did that we would be considered crude, vulgar, even evil. But I do not believe that is the message that Paul is trying to convey. I think that Paul was trying to teach the Corinthians that their struggles, pain, and adversity would only make them stronger. Even though many centuries have passed since then, God's message sent through Paul has not changed. We do not become ill or face adversity as a punishment from God for sins we have

committed. He would never do that because he already forgave us for everything we have ever done or will do when he sent Jesus to die on the cross. If He has already forgiven us, why would He continue to punish us? He is a kind, loving God so he does not punish us. Jesus already died for our sins.

Therefore we can conclude that God is not punishing us when we are faced with adversity but instead we are given an opportunity to become closer to God and His ways. While we may not want to rejoice at the passing of a family member or the diagnosis of an illness we should at least consider the optimistic side of the situation and ask God to lead us through our problems and ask Him to use the situation as an opportunity to grow in faith and love and trust in God.

- *Emily Rose Menacher*

To 1 John 3:6

“No one who lives in him keeps on sinning. No one who continues to sin has either seen him or known him.”

The reason this is special to me is because it shows that people should stay on the right path and not accept temptations. They should not be like Adam and Eve: they were tempted by the serpent and disobeyed God. How you stay on the right path is by reading the Bible and going to church..

- *Billy Miles III*

To Luke 6:20-22

“Blessed are you who are poor, for yours is the kingdom of God.

Blessed are you who hunger now, for you will be satisfied.

Blessed are you who weep now, for you will laugh.”

God blesses those people who grieve. They will find comfort, like how a good friend would comfort you when you are sad. If you are sad then

you cry and your friend will come and make you happy so you will stop crying.

-*Savannah Scott*

Dear Loving Members of St. Luke's,

Thank you for all your care, concerns and prayers, especially your calls, cards, and offers for rides and help. They definitely have been an important part of the healing process. I get to see the surgeon on Friday the 18th to remove the stitches and pray for no surprises. I expect to be released since I'm pretty much back to normal.

Thanks again for all your prayers. I expect to see you Sunday the 20th.

God Bless you all.

George Moore

This is the day the Lord has made! Let us rejoice and be glad in it!!

Heifer International

APRIL IS “PASS ON THE GIFT MONTH”

Because of the quarterly meeting scheduled for May 1, the Outreach Committee's special observance of “Passing on the Gift Month” has been changed to Sunday, April 10. You're bound to have fun with all we have planned after worship services that day!

This year our event will include some special guests, special “games” to make you more knowledgeable about HEIFER, and fun “play” equipment for the children to enjoy. And there will be bagels and cream cheese plus plenty of coffee.....and juice for the kids.

Can you answer these questions?

- How long can a hen live?
- How many wings does a bee have?
- How far do honeybees travel to produce one pound of honey?

- What is the closest living relative to the T-Rex?
- How long do cows live?
- How fast can rabbits run?
- How many stomachs does a llama have?

Be sure to BE THERE for this special Heifer International fundraiser!!

You will learn the answers to these any many more interesting questions!!

DATE: Sunday, April 10
 WHERE: St. Luke's Lower Level
 WHEN: After worship services

FYI: Heifer animals are often a part of a large-scale transformation of entire communities.

For instance, in Latvia, where orphaned children make up 10% of the population in one area, Heifer is partnering with an orphanage and boarding school to provide a variety of tools to achieve self-reliance. From training in marketing, veterinarian care, gardening and more, along with chickens, ducks and goats, this comprehensive project can change the future of an entire area. Heifer is actively involved in more than 920 projects around the world.....and most of these projects are funded through gifts of animals found in Heifer's catalog.

TACO's "EMPTY BOWLS" Fundraiser

For a donation of \$20 you can pick out a beautiful hand-made bowl. Then you can have it filled with your choice of soup, donated from restaurants around San Diego! Or for \$5 you will get a paper bowl and still get as much soup as your heart desires.....and you can return to the soup ladlers as many times as your tummy will allow!

This annual event which last year raised \$12,000 for TACO's work with the homeless is planned for Saturday, May 7, at La Jolla United Methodist Church from 11 a.m. to 1 p.m. Many St. Luke's

members attended last year, car-pooling from the church. As mentioned above, soups are supplied by fine area restaurants and terrific breads come from some of the best bakeries. Mark your calendars now!! Please let the office know if you plan to attend, so that car-pools can be organized.

FOR YOUR INFORMATION: Any donations to TACO made in the months of March and April are matched by the Feinstein Foundation. For more details, call Rachel Line at 619-235-9445, ext.2.

La Mesa Flag Day Parade

In 2010, a large group of us marched in the Flag Day parade to promote our Vacation Bible School program, *Egypt: Joseph's Journey from Prison to Palace*. It was a great time and helped get word out not only of the VBS program, but of our church.

This year we will continue the tradition and strive to increase our participants. But we need help in the execution of our parade.

The parade occurs on Saturday, June 4th at 10 am. Staging occurs at 9am. More details will be forthcoming. The lead on this project is Pat Swanson.

Journey to Nazareth

What is it was like to live and work in the dusty town of Nazareth, just as Jesus was beginning his ministry around Galilee?

Would you hear whisperings about Mary's son, Jesus, the local carpenter's kid who says he's the Son of God? Jesus? Who had dinner at your house and played tag with your kids?

As you tend your sheep or bake, perhaps you secretly wonder if it's really possible that Jesus—the boy down the street—could be The Messiah.

This July, we will live in his world...

Keep reading the newsletters for more information...

Women of St. Luke's

Darcy Barghols and Shirley Carrington have been busy these past few weeks putting the finishing touches on the Mothers and Others Tea. Like all coming down to the wire stuff, times are hectic. If anything these two talented women make things like teas and luncheons look so easy to do. Where is this leading? Well, its leading towards a commercial. So please get your calendars out and jot down this information.

Mothers 'N Others

May 14, 2011

11:30 am

Guest Speaker

Michelle Gennaro

Inland Mission Project

Lesotho, Africa

Please watch for the flyers, posters and inserts in the bulletin. For more in-depth information contact Darcy or Shirley from church. Tickets will be available for \$6.00 per person.

At our March Board Meeting, Tammy Bailey, the Social Worker for Avondale School in Spring Valley, spoke to us of the needs the students of Avondale had. WSL has been donating supplies for the teachers and students, and were not aware of their other more important needs.

Ms Bailey expressed that the supplies were important, however the biggest need for the school was to fight hunger. She mentioned that most of the students don't have food at home and the councilors have been sending care packages home to feed the families. Her comment that school supplies were needed but when a child comes to school hungry their learning ability is jeopardized. The board decided that we have a church wide collection of the following items: Bags of beans, rice and pasta, which will be divided up into separate family sized bags, cases of soup, tuna, chicken, packages of instant oatmeal.

The staff will distribute the family bags as needed. Watch for inserts in the bulletin.

The board is also considering the "Just In Time Foster Youth". This program is for foster children who have aged out of the system and are not prepared to handle adult responsibilities when they reach the age of 18. I have invited the coordinator for this program to come to our next program, April 5 at noon.

Plans for the Women's Retreat in October. Heidi Fowler will be our guest speaker.

More information will be forthcoming.

God is certainly guiding us to the right places for the right reasons.

We have sent thousands of dollars to Africa and other nations and right here under our noses so many are waiting for assistance. Thank you for your help. Praise God for our women.

The Women of St. Luke's are inviting you and your friends to "**Keep it Spiritual, Keep it Simple**", the theme for this year's Mothers' and Others, May 14th. We are privileged to have Michelle Gennaro, Maureen Borchardt's cousin as our guest speaker. She has been involved with Africa Inland Mission, Lesotho, South Africa for many years. She will be traveling there with her family this summer.

Her husband, Chris, said their goal is Christ Centered Churches among all African Peoples serving the Lord and doing His work. Tickets will be available in the St. Luke's Library after worship services in April. Tickets are \$6.00 each.

SLLC Library

Dear friends of the SLLC Library,

We have noticed an influx of donations to our small library and want to thank those of you who are thinking of us. We need to let you know that we have limited space and the items that our library cannot use will be donated to the Friends of the Rancho San Diego Library for their bookstore for others to enjoy. If you are unsure of the type of materials we need in our library please speak with Darcy Barghols, Hazel Knippelmeyer or Karen Skullerud.

At this time you would like to donate we would like to build up our young adult literature collection and do have some specific titles in mind.

Treasurer Notes

St. Luke's Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East

Treasurer

Parish Potpourri

Many at St. Luke's no doubt remember former members, JIM and KAREN EDWARDS. KAREN was St. Luke's church secretary for a number of years. They now live in Las Vegas. JIM's eyesight over the years has deteriorated to the point that he is nearly blind. But now he has a beautiful guide dog, MANGO, and has just finished the detailed training to make this animal truly his, which involves giving correct commands, etc. If you were acquainted with the EDWARDS and would like to see a picture of JIM with his dog, a photo of JIM and MANGO is in the church office.....DARCY and DOUG BARGHOLS will be celebrating

their 40th wedding anniversary in Charleston, South Carolina. The actual anniversary date is April 17.....KERRIE CALDWELL recently auditioned in Atlanta to be part of the summer program, "Opera in the Ozarks." KERRIE is a student at the Cincinnati Conservatory of Music.....TORI HAUK has been traveling here and there, auditioning for various flute performance graduate programs.....You may not have known: in GEORGE WASHINGTON's days, there were no cameras. One's image was either sculpted or painted. Some paintings of GEORGE showed him standing behind a desk with one arm behind his back while others showed both legs and both arms. Prices charged by painters were not based on how many people were to be painted, but by how many limbs were to be painted. Arms and legs are "limbs," therefore painting them would cost the buyer more. Hence the expression, "Okay but it'll cost you an arm and a leg." (Artists know hands and arms are more difficult to paint.)

APRIL WORSHIP TEXT



**HAPPY APRIL
BIRTHDAY
to you....**

**Lois Alfeld
Glen Bohnsack
Maureen Borchardt
Margaret Carlson
Dawn Dolan
Deborah Haynes
Thelma Pace
Garett Steppat
Maxine Vandewalker
Charles Volker
Roy Wheeler**

3rd Fourth Sunday in Lent

First Lesson—1 Samuel 16: 1-13
Second Lesson—Ephesians 5: 8-14
Gospel—John 9: 1-41

10th Fifth Sunday in Lent

First Lesson—Ezekiel 37: 1-14
Second Lesson—Romans 8: 6-11
Gospel—John 11: 1-45

17th Palm Sunday

First Lesson—Isaiah 50: 4-9
Second Lesson—Philippians 2: 5-11
Gospel—Matthew

21st Maundy Thursday

First Lesson—Exodus 12: 1-4
Second Lesson—I Corinthians 11: 23-26
Gospel—John 13: 1-17, 31b-35

22nd Good Friday

First Lesson—Isaiah 52: 13—53: 12
Second Lesson—Hebrews
Gospel—John 18: 1m—19:42

24th Easter

First Lesson—Acts 10: 34-43
Second lesson—Colossians 3: 1-4
Gospel—Matthew 28: 1-10

MEMORIAL GIFTS

Donna Bohnsack Memorial

Glen Bohnsack

PARISH BUILDER ARTICLES

May 2011 articles,
due in the office by
April 16th

Thank you, Judy



DID YOU KNOW!

Our monthly newsletter is printed free because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you are in need of plumbing services...

PLEASE CALL and THANK

**Master Plumbing and
Leak Detection**

(619) 504-6753

*Make sure you tell them
you heard about them from
our Newsletter!*

APRIL PRAYER CALENDAR

	Scripture	Christ Our Hope
1	Isaiah 40: 29-31	
2	Romans 4: 18-21	My hope is built on nothing less
3	Psalms 62: 5-8	Than Jesus blood and righteousness;
4	Romans 5: 1-5	No merit off my own I claim,
5	I Peter 1: 3-5	But wholly lean on Jesus name.
6	I Peter 1: 13	
7	I Peter 1: 18-21	His oath, his covenant, his blood
8	I Peter 3: 3-6	Sustain me in the raging flood;
9	I Peter 3: 13-15a	When all supports are washed away,
10	Romans 12: 10-12	He then is all my hope and stay
11	Romans 15: 4	
12	Romans 15: 12-13	On Christ, the solid rock, I stand;
13	Psalms 25: 1-3	All other ground is sinking sand.
14	Psalms 25: 4-5	
15	Psalms 25: 20-21	Hymn #294
16	Colossians 1: 21-23	Verses 1, 3
17	Romans 8: 22-25	LBW
18	Ephesians 1: 15-18	
19	Psalms 43: 5	
20	Colossians 1: 3-6a	
21	Galatians 5: 5-6	
22	Hebrews 3: 6	
23	Hebrews 6: 10-12	
24	Hebrews 6: 17-20	
25	Hebrews 7: 18-23	
26	Hebrews 10: 19-23	
27	Hebrews 11: 1	
28	I Thessalonians 4: 13-18	
29	I Thessalonians 5: 8-11	
30	II Thessalonians 2: 16-17	

24th EASTER

Communion Asst. Bread

Lyle Swanson

9:00 am Ser- vice

Judi Dunnigan

11:00 am Ser- vice

Prayers of the People

9 am
11 am

Darcy Barghols

Projectionist

9 am

Gail Knippelmeyer

11 am

Emily Rose

Communion Asst. Wine

9 am

Liz Dunnigan,
Darcy Barghols

11 am

George Moore,
Marge Hersom

Greeters

9 am

Darcy Barghols,
Jim & Dawn Dolan,
Gene & Hazel
Knippelmeyer

11 am

Usher

9 am

Shirley Carrington

11 am

Chuck Hersom

Acolytes

9 am

Billy Miles,
Savannah Scott

11 am

Makayla
Stromenger &
Grace Menacher

APRIL WORSHIP TEAMS

	Reader Altar Guild Sound Technician	<i>Marge Hersom Loraine Winniger Ben Wilson</i>
3rd	Communion Assistant — Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>Martha Applegate</i>
	Projectionist	<i>Shirley Carrington</i>
	Communion Assistants — Wine	<i>Dawn Dolan, Marge Hersom</i>
	Greeters	<i>Loraine Winniger, Bonnie Fuller</i>
	Usher Team	<i>Chuck Hersom</i>
	Acolytes	<i>Emily Rose & Grace Menacher</i>
10th	Communion Assistant—Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Liz Dunnigan</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistants- Wine	<i>Gene & Hazel Knippelmeyer</i>
	Greeters	<i>Bob Des Lauriers, Chuck Volker</i>
	Usher Team	<i>Chuck Hersom</i>
	Acolytes	<i>Billy Miles and Makayla Stromenger</i>
17th Palm Sunday	Communion Assistant— Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Hazel Knippelmeyer</i>
	Projectionist	<i>Shirley Carrington</i>
	Communion Assistants — Wine	<i>Cathie Floegel, Joe Makowski</i>
	Greeters	<i>Bob & Marilyn Burns</i>
	Usher Team	<i>Randy Engel</i>
	Acolytes	<i>Grace Menacher and Savannah Scott</i>
21st Maundy Thursday	Communion Assistant— Bread	<i>Judi Dunnigan</i>
	Projectionist	<i>Emily Rose Menacher</i>
	Communion Assistant — Wine	<i>Marilyn Burns, Loraine Winniger</i>
	Greeters	<i>Gene & Hazel Knippelmeyer</i>
	Usher Team	<i>Shirley Carrington</i>
	Acolytes	<i>Emily Rose Menacher and Makayla Stromenger</i>
22nd Good Friday	Projectionist	<i>Shirley Carrington</i>
	Greeters	<i>George Moore, Marie Handley</i>
	Usher Team	<i>George Hauk</i>
	Acolytes	<i>Billy Miles, Grace Menacher</i>

APRIL 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 <i>Fourth Sunday in Lent</i> 9:00 a.m. Worship Service 10:15 a.m. Sunday school	4 9:00 a.m. Counters	5 8:00 am Tai' Chi' 9:00 a.m. Facilities Mtg. Noon WSL 6:00 p.m. Worship Arts 6:30 p.m. Special Olympics 7:00 p.m. Parish Ed	6 5:30 p.m. Soup Sup- per/ Parish Ed. 6:30 p.m. Service 7:15p.m. Choir	7 8:00 a.m. Tai Chi 9:30 a.m. Outreach	8 Noon Good Life	9 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild Outreach—Set up for Sunday 5:00 p.m. Wedding
10 <i>Fifth Sunday in Lent</i> 9:00 a.m. Worship Service 10:15 p.m. Sunday school	11 9:00 a.m. Counters Finance 5:30 p.m. Council 6:30 p.m.	12 9:00 a.m. Facility Crew 8:00 a.m. Tai Chi 9:30 am Project Day 7:00 p.m. Rebekah Cir. 6:30 p.m. Special Olym-	13 5:30 p.m. Soup Sup- per/Outreach 6:30 a.m. Service 7:15 p.m. Choir	14 8:00 a.m. Tai Chi 10:00 a.m. Deborah Circle	15 1:15 p.m. Warren- Walker Kindergarten play	16 7:00 a.m. Men's Bible Study 9:00 a.m. Facility-P/u palms 9-10 a.m. Altar Guild
17 <i>Palm Sunday & Cantata</i> 9:00 a.m. Worship Service 10:15 a.m. Sunday school	18 9:00 a.m. Counters 5:00 p.m. <i>Deadline/ PB Parish Builder</i>	19 8:00 a.m. Tai Chi 9:00 a.m. Facilities 6:30 p.m. Special O.	20 7:15 p.m. Choir	21 <i>Maundy Thursday</i> 8:00 a.m. Tai Chi 7:00 p.m. Service	22 <i>Good Friday</i> 7:00 p.m. Service	23 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
24 <i>EASTER</i> 9:00 a.m. Worship Service 10:30 a.m. Brunch 10:15 a.m. Sunday school 11:00 am Worship Service	25 9:00 a.m. Counters	26 8:00 a.m. Tai Chi 9:00 a.m. Facilities 9:30 a.m. Project Day 6:30 p.m. Special O.	27 5:30 p.m. Soup Supper 6:30 a.m. Service 7:15 p.m. Choir	28 :00 a.m. Tai Chi	29	30 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild

ST. LUKE'S LUTHERAN CHURCH
5150 WILSON STREET
LA MESA, CA 91942

Phone: 619-463-6633
Webpage: www.st-lukes-la-mesa.org
Email: office-sllc@att.net

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
EL CAJON, CA
PERMIT NO 262

Dated Material
March 2011

ADDRESS SERVICE REQUESTED

A WARM WELCOME TO ALL

- Worship Service: Sundays, 9:00 a.m. in the Sanctuary.
- Sunday school for all ages: Sundays at 10:15 a.m. in the Lower Level.
- Soup Suppers and Lenten services: Wednesdays through April 13 @ 5:30 p.m.
- Holy Week: April 21—Maundy Thursday service—7:00 pm
April 22—Good Friday—7:00 pm
- EASTER April 24—Services 9 am & 11 am
- April 24—Brunch in Family Center

St. Luke's Mission Statement:

We are called as a community of Christians saved by grace
—through faith alone in Jesus Christ—
to spread the Holy Gospel in word, sacrament, and action
solī deo gloria.